









Erasmus+ Training Course Project

# AEY IN FORNATION

The aim of "EDU-facilitation" is to develop youth worker's and educator's facilitation and communication skills to create and facilitate meaningful learning experiences like workshop, trainings, courses etc.



ADAMOV CZECH REPUBLIC



ARRIVAL 9. 10. 2023 DEPARTURE 18. 10. 2023



24 PEOPLE FROM 8 COUNTRIES

# WHAT WILL YOU LEARN 2

- use Experiential learning and Facilitation skills in education
- plan, design and facilitate your Experiential Learning activity
- apply Kolb's Experiential Learning cycle as a learning tool
- utilize Challenge-Based and Game-Based learning process
- communicate efficiently with active listening for understanding
- connect with yourself and others through body movement
- give and receive factual feedback for improvement

# THIS TRAINING IS FOR YOU IF YOU ARE:

- educator, lector, mentor or youth worker actively involved in education
- interested in Experiential Learning and Non-Formal Education
- striving to explore the use facilitation skills in learning process
- adult resident of the country of the partner organization
- able to communicate and work in English fluently
- motivated to participate actively during all phases of the Training Course

### PROGRAM

We have an intense program focused on the quality of the learning experience with sessions from 9 am to 20 pm (breaks included).

We also have optional evening sessions hosted by trainers or participants.

## 

- Non-Formal Education with Self-engagement and Active Participation
- Facilitative Approach of group communication and processes
- Kolb cycle of Experiential Learning with Reflection
- Challenge and Game-based learning
- Body Expression and Embodiment
- Non-violent communication

### WHO ARETHETRAINERS?



### **MARTIN REHUŠ**

Martin is a lecturer, facilitator, marketer and passionate organizer of experiential and educational events. From an early age, he would enjoy creating opportunities for people to meet on a common topic. It started with sports tournaments and continued through festivals, corporate and volunteer events to educational workshops, seminars and Erasmus +training courses. In this project he is responsible for coordination of the project, team leadership and facilitation and communication activities.



### **LUCIE SITAROVÁ**

Lucie is a non-formal education facilitator and trainer, dance coach and organizer and participant of both long and short-term projects under Erasmus+ program and European Solidarity Corps. She was a leader of successful Solidarity Project Zrcadlo sportu, focused on bringing together non-formal education methods and personal development to competitive sport. Her role in this project is mainly to shape out the activities related to Experiential learning, personal development and self-discovery of participants.



## 

The training will take place at the <u>eco-centrer Svycarna</u> close to Adamov. It is located in Moravian Karst one of the most important karst area of Central Europe with a beautiful nature around. Accommodation will be in rooms of 3-6 people with shared bathrooms.

### 

We will have meals 3 times a day and coffee breaks for snack and drinks. The food provided will be plant-based diet. If you need a special diet, we can arrange it.

### FINANCIAL ARRANGMENTS

Participant's contribution is 30€ per person to be paid upon arrival. If you cannot afford to pay the contribution, contact us and we will discuss individual agreements.

This training course is co-financed thanks to Erasmus+ programme. Accommodation, food and programme are fully covered. Travel costs will be reimbursed up to limit stated in the table, depending on the place you are travelling from. If your travel costs are higher than the limit, the difference is covered by you. That is why we recommend to book your ticket as soon as you receive the confirmation of your application.

We will reimburse your travel costs ONLY if you participate in the whole project and give us all the original travel tickets, boarding passes and invoices. The reimbursement will be sent to you after the project, once you send us originals of the tickets, filled in an evaluation form and took part in follow up activities.

# REIMBURSMENT TRAVEL LIMITS

	Standard	Green travel
Czechia	23 €	23 €
Slovakia	180 €	210 €
Croatia	275 €	320 €
Estonia	275 €	320 €
Latvia	275 €	320 €
Romania	275 €	320 €
Greece	275 €	320 €
Spain	360 €	410 €







### HOW WAS THE PREVIOUS EDITION?

### PHOTO MEMORIES

### PROJECT VIDEO





Find more at this project website.

# DOYOUWANTTOAPPLY?

### **APPLICATION FORM**



Application deadline: 20.8.

Selection results: 30.8.

Travel tickets confirmation: 9.9.

### ABOUT PROACTIVE NETWORK

We are non-profit association which was formed from an informal group Proactive Mind of 4 young people established in 2014. Over the years more people joined the team. Each of us specializes in different field and that gives us a complex approach when designing non-formal education activities.

#### WE WANT TO:

- 1) Support young people in education and personal development towards entrepreneurship, proactivity, solidarity, ecology and a healthy lifestyle
- 2) Connect active young people on local and international level
- 3) Support the members of the association in their personal development
- 4) Improve the quality of youth work at local and international level
- 5) Organize experiential, educational and volunteer activities

Find more at our website: <u>ProactiveNetwork.cz</u>

# HAVE SOME QUESTION? LET ME KNOW!



### MARTIN REHUŠ

+420 775 225 425

proactivenetworkcz@gmail.com

Facebook: rmates8