

INFOPACK

Sustainability project in the Tyrolean Alps

Maria Waldrast (Mutzens 27, 6143 Mauterndorf am Brenner, Austria) was an old monastery up in the mountains, very rural, with a breathtaking surrounding. It is still an important site for pilgrims from the area with a special fountain.

The ESC-volunteers will work in an international team of 10 people from all over Europe. The working language for this project is English. This project is supported by the European Solidarity Corps.

3 working groups (all tasks will be done by all)

- forest and foot path maintenance,
- Neo-phytes, tear out pegs, with sacks, suit,
- pasture clearance, branches on vehicle,
- hay harvest work

Working equipment is provided!

START: **2nd of May 2022, arrival**

END: **31st of May 2022, departure**



Travel

Please arrive ideally by train to **Innsbruck (20 km)** or **Mauterndorf a. Brenner train station (7 km – first settlement with shops, trainstation and cafes)** (your arrival time should be announced as soon as possible please), we arrange the transfer to the mountain resort! If you arrive Airport Munich then take the train to Innsbruck, or if by plane to Innsbruck, then by bus to Innsbruck train station.

Volunteers budget

- **Pocket money: € 5,00 day/ participant = € 150,00/person** (is paid out on a weekly rate)
- **Food allowance:** Food is provided on working days! On the days when the group does not cook together, such as weekends away, the volunteers receive a food allowance of **€ 8.00** each.

COVID measures

All participants (social workers + volunteers) must present a valid negative antigen test (max. 48h old, reimbursement possible) before entering the project, thus confirming that you have a low epidemiological risk. In the project, all participants will carry out a self-test at least in the beginning of each week.

Insurance - CIGNA

All partner organisations must ensure that the participants are registered in the ESC portal and that the ESC number is sent to the hosting organisation at least 14 days before the start of the project (CIGNA registration can only be done by entering it in the Mobility Tool).

Meals

Breakfast, lunch and dinner are provided during On-Arrival-training (2nd – 4th May). During working days you make breakfast and dinner. Lunch is provided! On weekends you can cook for yourself.

Are you vegan/ vegetarian/ any allergies?

Accommodation

The participants will stay in the side complex of the Maria Waldrast nature resort.

Participants have the opportunity to use the free Wi-Fi in the nature resort during the day.

What to bring along

- personal items (shampoo, toothpaste, hairdryer etc.)
- European Health Insurance Card (EHIC)
- towel, swimming suit
- personal medication
- comfortable, working clothes and shoes for outdoor activities
- some warm clothes, in case you are not used to the chilly mountain weather
- something interesting about your country (an object, a story a song or anything you would like to present for the other participants)

Laundry

In nature resort is a washing machine, use is limited, so clothes might be needed to be washed by hand. Be prepared!

Working hours & holidays

The volunteers will work 5 days per week (total 35hours, 7h/per day). 2-days per week are free. Additional 2 days are given for holidays.

Contact & information

CUBIC: 0043 660 2617311, projects@cubic-online.eu

Leo: 0043 660 7101837, leo.kaserer@cubic-online.eu

Emergency Contacts:

Fire brigade/ service :122

Rescue: 144

Police: 133

International emergency number: 112

