

Erasmus+ Youth Exchange

# ECOLOGY ACT III



From July 28th to August the 3rd  
in Poronin, Poland



# SUMMARY

THE ECOLOGY ACT III PROJECT

WHY THIS YOUTH EXCHANGE IN POLAND ?

LOCATION

THE PARTICIPANTS

PROGRAM OF THE WEEK

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THE PARTNERS

OUR ORGANISATION



# ECOLOGY ACT III

## ORIGINS

Ecology Act III is a project whose objective is, for a group of 33 European participants, to live a collective adventure in the middle of nature in order to defend the planet while discovering new cultures and creating youth networks. The first 2 editions of this project took place between 2020 and 2022 in Bulgaria, Greece, Lithuania and France.

## WHAT ?

A youth exchange under Erasmus+ Youth program.

## WHERE ?

In Poronin, Poland

## WHEN ?

July 28th to August the 3rd 2023  
(travel days included)



## WHO ?

8 Polish participants and 1 group leader  
5 Danish participants and 1 group leader  
8 Estonian participants and 1 group leader  
9 French participants and 2 group leaders



# WHY THIS EXCHANGE IN POLAND ?

## THE OBJECTIVES OF THE PROJECT

- Raise awareness about the challenges of sustainable development.
- Become aware of one's individual responsibility in the preservation of the environment.
- Experiment a more eco-friendly lifestyle.
- Use alternative practices to reduce waste, carbon footprint, etc.
- Promote international mobility.
- Promote active citizenship, volunteering and solidarity.
- Live an incredible personal and collective experience at an international level.
- Promote intercultural dialogue, inclusion and increase knowledge and acceptance of cultural diversity

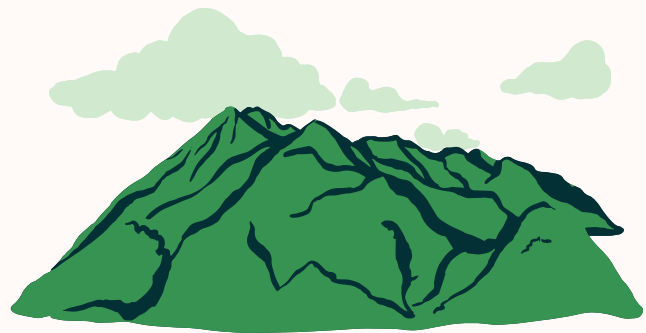


## FINAL RESULTS

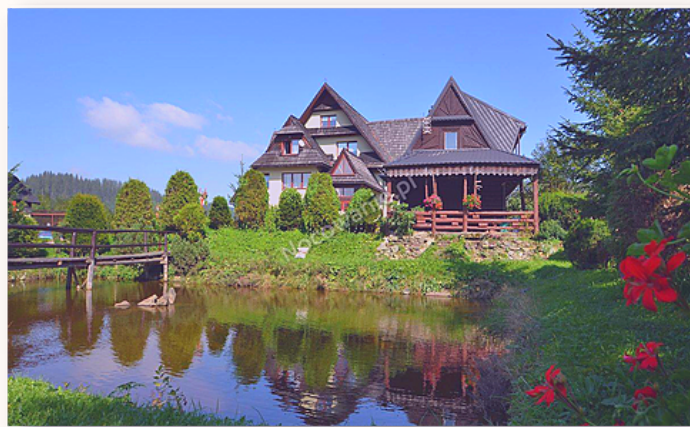
- Exchange of practices and work on future sustainable exchanges.
- Production of a short documentary film illustrating the application of the alternative methods described in the "Zero Waste" guide.
- Raise awareness about ecological issues.
- Discover new cultures and make new friends!

# LOCATION

Poronin is a village located in the very south of Poland, on the border with Slovakia. It benefits from a unique natural setting, being situated at the foot of the High Tatras, a mountain range nicknamed "The Miniature Alps". With its ski resorts and hiking trails, Poronin and its surroundings are an excellent tourist area in summer and winter.



The participants will stay in the villa Domek i Willa Austryjok during the whole mobility. Located in the heart of the Tatra Mountains, the villa offers accommodation in a picturesque setting, with the rooms offering a magnificent view of the mountains. The villa has (additionally) a free Wi-Fi connection.



# THE PROFILE OF THE PARTICIPANTS

- Age between 16 and 25.
- Wanting to live an adventure at the heart of nature.
- Wanting to discover new cultures and traditions.
- Be interested in the environment and sustainable development.
- Wanting to contribute to a more sustainable and humane society.



## SKILLS DEVELOPED

During the week, participants will be challenged to develop skills such as:

- Open-mindedness,
- Foreign languages,
- Interculturality,
- A better understanding of the issues surrounding sustainable development,
- And many more...



A **YouthPass**, European certificate of competence, will be awarded at the end of the course.

# PROGRAM OF THE WEEK

28/07

Arrival meeting point : Krakow city  
(Poland) - before 7 pm  
Going to Poronin all together by bus

29/07

Introduction of participants and  
presentation of the Erasmus+ program.

30/07

Debates, discussion and games on the  
theme of environment.

31/07

Introduction to biodiversity: fauna and  
flora and emergency skills in the  
forest.

01/08

Cultural visits and free time.

02/08

Video, podcasts and posters creation  
workshops

03/08

Departure from Poland and return to  
home countries.



# THE FEES

1

**WIPSEE is responsible for the costs of**

- Accomodation
- Catering
- The delivery of a certificate of participation and skills (YouthPass and skill assessment).
- Refund on real cost of the travel to the participants with invoices and boarding pass only.  
Green travel is mandatory train or bus.  
-Danish participants: 298€ /participant maximum  
NB: If you should use plane the maximum refund is 255€  
  
-Estonian participants: 298€ /participant maximum  
NB: If you should use plane the maximum refund is 255€

2.

**Continuous Action asks for:**

- a participation fee of 60-90€/per participant
- does preparatory activities and follow-up for all participants



# MODALITIES

## TO PARTICIPATE, YOU MUST :

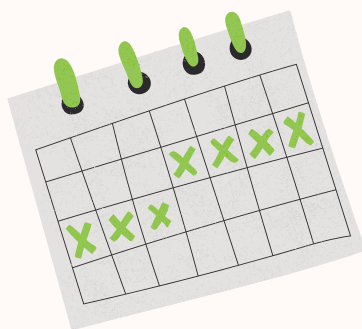
- Have a valid identity card/passport.
- Have a civil liability insurance.
- Have a European health insurance card.
- Be available for the preparation day (dates communicated upon registration) and the evaluation day.
- Be willing to invest yourself for an innovative, impactful and solidarity-based project.
- Be ready to exchange with other European participants !
- Be ready to travel in a responsible and sustainable way.



## SIGN UP FOR THE YOUTH EXCHANGE

**UNTIL:**

**18.06.2023**



# PARTNERS

## FRANCE

LA MAISON DE L'EUROPE DES LANDES WIPSEE



## DENMARK

DANSK ICYE



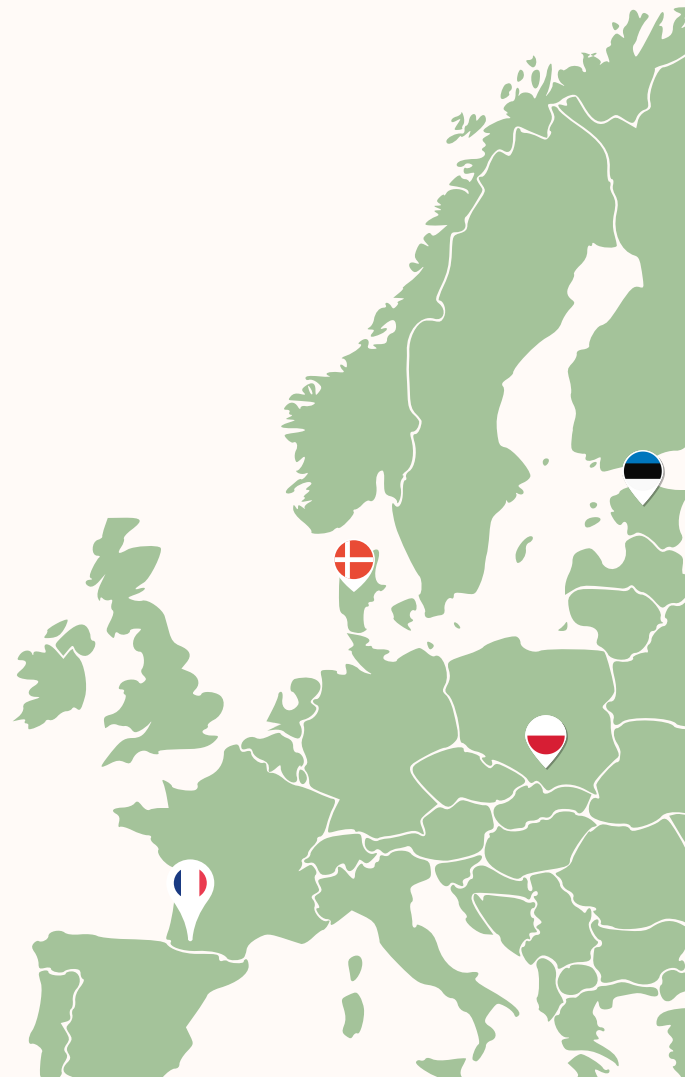
## ESTONIA

CONTINUOUS ACTION



## POLAND

FRATERNITAS



# THE ORGANISATIONS

## LA MAISON DE L'EUROPE DES LANDES WIPSEE

MDE40 is a non-profit organization based in the South West of France. MDE40 WIPSEE is committed to sustainable development, innovation, creativity, volunteerism, human rights, youth empowerment, etc.

## CONTINUOUS ACTION

Continuous Action is organization which unites people interested in lifelong learning, cultural exchanges, learning mobilities and volunteering activities. The aim of our activity in and through Continuous Action is to enable the possibility of lifelong learning and to act within the boundaries of equal opportunities irrespective of gender, social status, economic situation, knowledge, education or age.

## DANSK ICYE

DANSK ICYE is a non-profit exchange organization located in Denmark and aimed primarily at young people between the ages of 18 and 30. Its goal is to give young people from all over the world the opportunity to travel and meet new cultures

## FRATERNITAS

Fraternitas is a Polish NGO whose main objective is to promote and implement youth exchange projects within the framework of the ERASMUS+ program in order to give people with fewer opportunities a chance to learn and meet their peers from different countries and communities so that they can grow from these experiences.



# IF YOU WANT TO JOIN THE PROJECT!



LET US KNOW ABOUT YOUR INTEREST BY:



filling the application form:  
[bit.ly/noortevahetused2023](https://bit.ly/noortevahetused2023)



read more info on Continuous Action  
website: [www.continuousaction.ee](http://www.continuousaction.ee)

In case of questions contact Annli Heinsalu via e-mail [annli@continuousaction.ee](mailto:annli@continuousaction.ee) or via phone +372 5628 0025

