

# GREEN HOPE

## Infopack



Kofinanziert von der  
Europäischen Union



Creatorium

**CUBIC**

**Cultur**  
und  
Bildung  
im  
**Context**

## Welcome to Green Hope!

We are delighted to welcome you to our youth exchange programme "Green Hope" This guide contains all the important information you need to know for your participation.

## PROJECT DESCRIPTION

"Green Hope" is an international youth exchange programme that focuses on the topics of environmental protection, sustainability and cultural diversity. In this one-week programme, you will meet up with young people from different countries to attend workshops together, carry out practical activities, exchange cultural experiences and have lots of fun and adventure.

### Aims of the programme:

- Raise young people's awareness of environmental protection and sustainability
- Promotion of cultural exchange
- Strengthen teamwork and community
- Developing practical skills in workshops and outdoor activities

### Project highlights:

- Interactive workshops on environmental issues and sustainability
- Team-building activities
- Intercultural evenings to present culture and traditions
- Final presentation and closing party

## Important information

### Location:

Steinsholt, Norway



### Participation requirements:

- Age: 18-30 years
- Interest in environmental issues and cultural exchange
- Willingness to actively participate in workshops and activities

### Arrival and departure:

- Day of arrival: Thursday, 25<sup>th</sup> July 2024
- We will be travelling together as a group incl. accompanying person. Important information will be sent to you shortly before arrival.
- Departure day: Thursday, 1<sup>st</sup> August 2024
- Departure time: After breakfast
- We will travel together as a group incl. accompanying person. You will also receive all information about this early enough.

### Costs and services

- Participation fee: depends on the partnering organisations regulations.

Erasmus+ programme covers following costs:

- 📄 Travel costs (up to the travel lump sum depending on the distance travelled)
- 📄 Accommodation
- 📄 Food during the project
- 📄 Activities costs and materials

## Programme Overview

### Day 1 (25<sup>th</sup> July):

- Arrival and dinner

### Day 2 (26<sup>th</sup> July):

- Morning: Getting to know each other and information about the location
- Afternoon: Definition of rules, expectations and formation of reflection groups

### Day 3 (27<sup>th</sup> July):

- Morning: introduction to non-formal education
- Afternoon: Team-building activities and preparation for sustainable systems
- Evening: Intercultural evening

### Day 4 (28<sup>th</sup> July):

- Morning: SMART goals and human impact on the environment
- Afternoon: Sustainability at local level
- Evening: Intercultural evening

### Day 5 (29<sup>th</sup> July):

- Morning: Discussions with visitors and free time
- Afternoon: Nature games and reflection

### Day 6 (30<sup>th</sup> July):

- Morning: Climate change adaptation strategies (part 1)
- Afternoon: Climate change adaptation strategies (part 2)
- Evening: Intercultural evening

### Day 7 (31<sup>st</sup> July):

- Morning: Evaluation of activities
- Afternoon: Strategy for visibility and dissemination of project results
- Evening: Final presentation, Youthpass information and closing party

### Day 8 (1<sup>st</sup> August):

Departure after breakfast

## What you should bring with you

- **Comfortable and weatherproof clothing:** for outdoor activities and hikes
- **Hiking boots or sturdy trainers:** for excursions and hikes
- **Sun protection:** sun cream, hat/cap, sunglasses
- **Sleeping bag and sleeping mat**
- **Water bottle:** for refilling during outdoor activities
- **Writing materials:** notebook, pens
- **Personal medication:** if necessary
- **Passport/identity card and health insurance card**
- **Pocket money:** for souvenirs, expenses not included or emergencies
- **Typical local food, drinks and music:** for the intercultural evening



## Registration

Please contact the partnering organisation directly to fill the application form to be part of this youth exchange.

## CONTACTS:

If you have any further questions or need assistance with your journey, please do not hesitate to contact us:

- CUBIC (finances, documentation and participant reports) - [Sabrina.bode@cubic-online.eu](mailto:Sabrina.bode@cubic-online.eu)
- Creatorium (accommodation, logistics, youth exchange activities) - [creatoriuminternational@gmail.com](mailto:creatoriuminternational@gmail.com)

## IMPORTANT TO KNOW:

This youth exchange is funded by Austrian National Agency through Erasmus+ programme and carried out in Norway in cooperation with the organisation Creatorium. Depending on the partnering organisations, the preparatory activities, as well as financial support provided to participants, might differ.

**WE ARE LOOKING FORWARD TO A GREAT TIME WITH YOU!** 🌿

