

Radi Vidi Pats invites

22.-26.02.2024.

My Voice My Choice

seminar



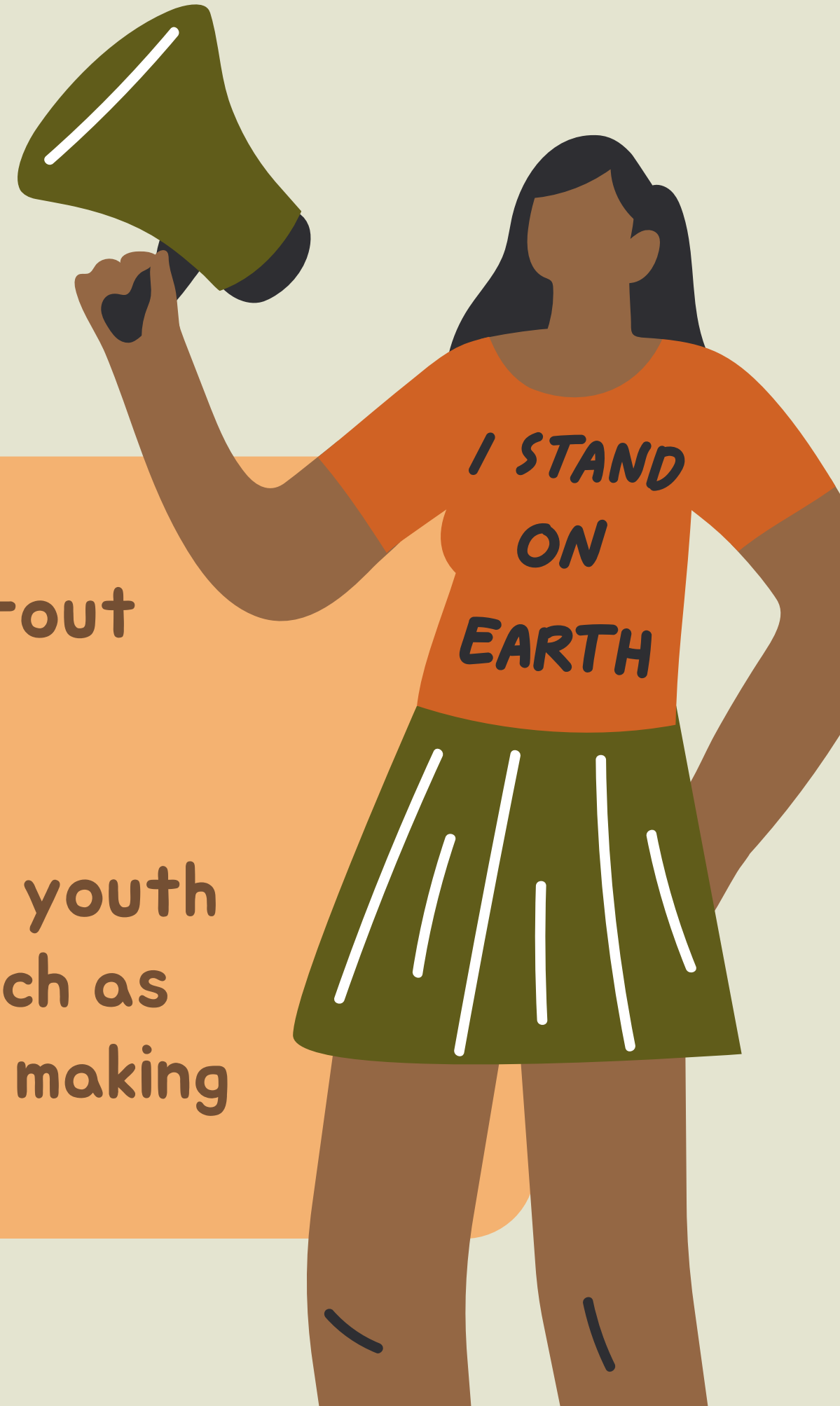
Lielvirbu manor, Sabile, Latvia

WHY?

The main objectives of this seminar is to equip youth workers with competencies to encourage youngsters become changemakers and climate activists.



WHAT?



- ⚠️ current environmental and climate crisis: effect on youth;
- ⚠️ methods of rising environmental awareness among youth;

- ⚠️ how not to burn-out in this crisis
- ⚠️ various types of youth participation, such as inclusive decision making and more

WHO?



Host of this training course is Latvian environmental and educational association **RADI VIDI PATS (RVP)**.

Our aim is to support the creation of a more sustainable, inclusive and participatory society with the resources we are given.

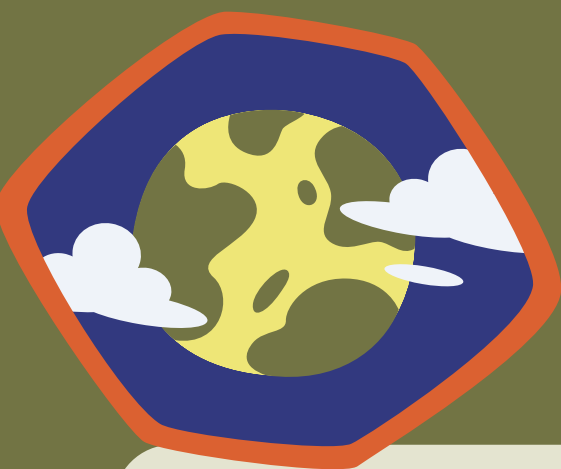
For assistance and more information about the seminar contact coordinator of this project:
Linda Ulane

linda@radividipats.lv

+371 25985455

(also on Telegram and Whatsapp)





WHO WILL HELP?

Stanislavs Babins

is non-formal education (NFE) trainer and project manager from Liepaja, Latvia. Working for RVP and The Latvian Agency for International Youth Programs. He regularly delivers trainings on national and international level on topics of active participation, volunteering, social inclusion and peace culture, environment and sustainability.



Linda Ulane

is a project coordinator in RVP. She also works as NFE trainer for Latvian National Agency. Mostly she covers topics of support system for youngsters, self exploration and the importance of creativity. Linda is also a writer and she volunteers in Liepaja prison where she facilitates creative writing and bibliotherapy workshops. She also works as healthcare clown in hospital.



What to pack?



- 1 Reusable water bottle;
- 2 Comfortable clothes and indoor shoes;
- 3 Some healthy, preferably zero-waste snack from your culture for tea breaks (we won't have obligatory international evenings);
- 4 Warm clothes for longer walks outside (hat, scarf, gloves, boots);
- 5 Favorite notebook;
- 6 Participatory mood and questions.





The venue

Lielvirbu manor: 20min drive from Sabile town

<https://www.lielvirbumuiza.com/>

Travel

- ✓ We always suggest to travel overland, especially from the nearest countries. Nice fact: There is a ship from Travemunde (DE) to Liepaja (LV), also worth checking. Nevertheless, we understand that for some it is impossible.
- ✓ If you want you can arrive a few days earlier and leave a few days later, we still reimburse the travel costs, but your extra hosting costs won't be covered by the project.
- ✓ The best airport to arrive is Riga airport. You must arrive on 21st of February before 18:30 to catch the last bus to Sabile, so better check morning arrival options! Departure plane should be after 12:00 on 27th of February.
- ✓ From Riga to Sabile there are regular buses that you can purchase online 1 week in advance:
<https://www.1188.lv/en/transport/schedules/rigas-sao/sabile/105317/105249>.
From Sabile we pick you up.



Travel reimbursement

- ✓ All the tickets will be reimbursed after you deliver us the original tickets (the ones that are in paper and digital) AND after you report us about follow-up event. This event should be experience sharing event for other people who work with youth.
- ✓ DO NOT BUY TICKETS BEFORE CHECKING THEM WITH US!
- ✓ The reimbursement costs are calculated according to E+ guidelines (in brackets costs for green travel):
 - Italy, Matera: EUR 275 (EUR 320)
 - Itali, Palermo: EUR 360 (EUR 410)
 - Turkey, Istanbul: EUR 275 (EUR 320)
 - Turkey, Izmir: EUR 360 (EUR 410)
 - Croatia: EUR 275 (EUR 320)
- ✓ Poland, Sosnowiec: EUR 275 (EUR 320)
- Poland, Gdynia: EUR 180 (EUR 210)
- Lithuania: EUR 180 (EUR 210)
- Estonia: EUR 180 (EUR 210)
- Belgium: EUR 275 (EUR 320)
- France: EUR 275 (EUR 320)



Food



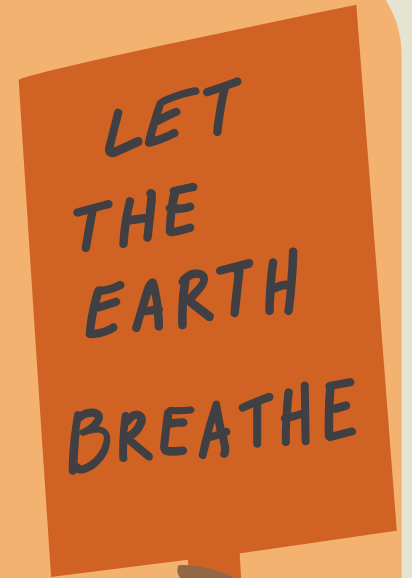
We totally respect people's health and lifestyle choices. Nevertheless, as we are trying to leave as small negative impact on Earth as possible, the meals will be vegetarian by default. If meat is a special need (medical issues etc.) of yours during these five days, please let us know in advance, we will try to do our best to answer your need. Until now everyone has been pretty happy about the provided vegetarian meals.



Extra



Dear participant, just to make sure that you have read all the info pack and there won't be any surprises later, please send Linda a picture of cat or dog to her e-mail, so we know you are really getting prepared.



OUR PLANET IS
ON FIRE



SAVE THE TURTLES
NO TO PLASTICS!

Thank You



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www.radividipats.lv



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