

INFOPACK

# PURPLE GLASSES:

## *FACILITATING WOMEN'S EMPOWERMENT*



**Dates:** 4/3/2022 - 9/3/2022

**Arrival day:** 3/3/2022

**Departure day:** 10/3/2022

**Location:** Zarautz / Donostia-San Sebastián, Spain

**Organization:** KAEBNAI

**Topic:** Gender equality and women's empowerment  
in youth field.

**SEMINAR**

**4-9 MARCH  
2022**

## PROJECT CONTEXT:

The project "Purple glasses: facilitating women's empowerment" is a seminar to address gender equality and the empowerment of women among young people.

Through this project, youth workers or youth leaders acquire tools to work educationally from a gender perspective with our target group that are young people. In this way, we will develop different competencies while raising awareness about the issue and value of the empowerment process in young women.

We live in a sexist society and with great gender inequalities. We all know what gender equality is and the concept of feminism is becoming more normalized, but unfortunately there is still a long way to go. There is no real gender equality.

Equality is a human and universal right; and so also gender equality. It is a transversal issue that must be worked on and integrated into all the fields of society.

Therefore, we see that it is a topic that must continue working and mostly with young people, boys and girls. Precisely in education, in youth is where we want to emphasize. We believe it is essential to work on the empowerment of young women as a resource and tool to address this inequality.

In this way, through this project, we will have spaces to exchange good practices and learn from our different experiences. We will reflect on how we carry it out with young people. Is it an issue that we take into account? How do we do it? What roles do we have towards youngsters and many other questions we can reflect and share in a multicultural space. In this way, we will know other realities and exchange our own experiences and resources.

In addition, at the end of the Seminar, with the resources and tools acquired, we will carry out small projects by groups that follow these objectives and thus be able to carry them out in their organizations or communities in the future.

During the week, we will work with a non-formal methodology, with dynamics, debates, small group work, games, creative presentations, expression exercises and project creation.

## OBJECTIVES

The objectives of this experiential project are:

- Raise awareness about the problem of gender inequality and sexism.
- Encourage the use of the gender approach and perspective in working with young people.
- Learn and exchange different and new tools, techniques, methodologies, projects and experiences to work with young people on gender equality.
- Know resources, opportunities and initiatives that promote gender equality among young people at European level.
- Promote empowerment, especially women's empowerment, as an educational element in the field of non-formal education in working with young people.
- Develop different skills and competencies in the participants such as: creativity, initiative, organization, social skills, as well as digital skills.
- Promote equality and cultural diversity.
- Encourage and promote reflection on the development of skills of the / as youth workers within the ERASMUS + program.

## ELIGIBILITY OF PARTICIPANTS

VERY IMPORTANT!!! To keep the conditions of Erasmus+ program fundings all the partners must guarantee: COMPLETE THE GROUP OF 3 PARTICIPANTS AND THE PARTICIPATION OF THEM IN THE WHOLE SEMINAR.

- Each organization will bring 3 participants. Please, try to **respect the gender balance**.
- Able to select and prepare **3 participants who are:**
  - Over 18 years old and no top age limit.
  - Youth workers (professional or volunteers)/youth leaders/ educators/teachers...
  - Or any person related with the youth field and interested to learn.
  - Or actively involved in work with groups of youngsters.
  - Able to understand and express themselves in English (and it will be appreciated a basic level of Spanish)
  - Eager to gain new skills and competences.
  - Each partner organization involved in the project must gather and send the participants well aware of the topic and with some previous tasks done.
  - Need to be Covid fully vaccinated and have certificate with minimum 14 days passed from the last dose.

**The language used will be english**

**There is NO participation fee for this project**

## PARTICIPANTS' TASKS

So please understand that your commitment to preparing the sessions will directly impact the exchange and the quality of the seminar.

These are the things you are expected to bring/prepare. Each country (or organization) will be asked to prepare and facilitate:

### - 2 Energizers

- Prepare a **presentation of your experience and good practices** working in the youth field related to the aim of **gender equality and women's empowerment** (projects, methodologies, techniques...) at local, regional or national level. You will have maximum 15 minutes for country group and you can do it however you want (Prezi, Power Point, videos, theatre, etc...).

- Prepare a **short presentation about the situation of gender equality** in your context, your region or country. You will have maximum 15 minutes for country group and you can do it however you want (Prezi, Power Point, videos, theatre, etc...).

- **Prepare a short presentation/explanation of your sending organization** in digital format to share. You can bring also flyers, stickers, posters...

- **Euronight/cultural evening:** We would be glad to try different delicious stuff from your countries. If you'd like to give a presentation on your country/culture, you will have maximum 15 minutes for each country group but you won't have the support of computer or screen.

## EXPENSES OF PARTICIPANTS

- Travel Costs are based on unit cost and are calculated with the distance calculator provided by the EC ([http://ec.europa.eu/programmes/erasmus-plus/tools/distance\\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm)).

Please provide your organisation departure city so we can calculate the amount. We will try to balance the grant received, with all the real costs of all participants' travel expenses, in order to make that every participant pays a fair amount of co-financing;

- We strongly recommend that each participant takes out travel insurance with coverage for covid. These costs can be justified with the travel budget as long as it does not exceed the limit of each participant's travel budget.

- Subsistence, accommodation and other expenses related with the participation in the seminar are 100% covered by the EC grant during the training period.

## CALENDAR

Each organisation (and participant) involved in the project is expected to take full responsibility as a partner in all the stages of the project. This include:

- Respecting the deadlines for each phase.
- Selecting the participants according to the eligibility requirement previously described.
- Making the travel arrangements according to the dates of the programme and upon approval of the host organisation.
- To prepare different contents and activities for the seminar in advance.

## Phases and Deadlines

	Phase	Deadline
1.	Application and selection of participants	<b>21st November</b>
2.	Travel + insurance arrangements	<b>1st December</b>
3.	Submission of different tasks	<b>16th January</b>



## VENUE

### Albergue Hostel Igerain, Zarautz, Spain

This hostel is located in Zarautz (near Donostia-San Sebastián) at the seaside. Apart from being fully equipped to work inside, we will hopefully be able to enjoy the different areas surrounding the house. You will be accommodated in shared rooms.

<https://reaj.com/albergues/igerain/>  
San Inazio kalea 25, Zarautz



**Check in:** We should be there at the reception to meet you on your arrival, so please confirm with us the time of your arrival.



## WHAT TO BRING WITH YOU

- Your Passport / ID
- EU COVID certificate
- Your European Health Card + travel insurance documents
- Some typical (tinned) dish / wine / cheese / sweet... from your country or region for the Euronight.
- Towels.
- If you're taking any medicines, **DON'T FORGET THEM**. It might also be useful to bring a prescription for those medicines along.
- The materials you may need for the sessions you are responsible for.
- A laptop, tablet... if available. (1/country is enough)

## TRAVEL

There are several airports in the area and they are all connected to the city of Donostia-San Sebastián by bus.

Bilbao is the biggest airport and usually the one with the cheapest connections. There are direct buses from here to Zarautz and Donostia-San Sebastián.

Donostia-San Sebastián also has its own airport but it is very small with few flights, mostly national. Biarritz, located in France, is a quite small airport but could also be an option as some low cost companies operates there. Once you are in Donostia-San Sebastián, you have several options to reach Zarautz as it is very close by.

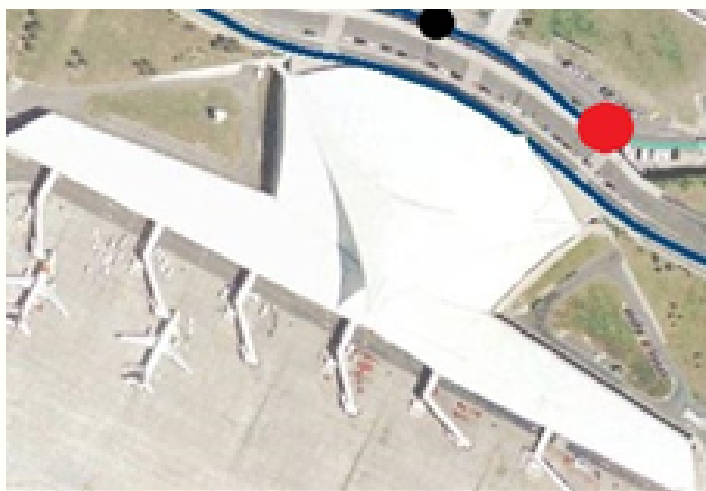


## HOW TO ARRIVE

In case you are coming by plane, the best way is landing on Bilbao's airport (Loiu Airport).

Once you leave the airport (black dot), there is a bus stop for direct bus to Donostia-San Sebastián (red dot).

The bus company is PESA and it costs 14€ to Zarautz and 17€ to Donostia-San Sebastián.



Check the timetables in the website:

<http://www.pesa.net/pesa/en/horarios>

Origin: AEROPUERTO LOIU AIREPORTUA

Destination: ZARAUTZ

You can also travel to Biarritz, Barcelona or Madrid international airports and then take a bus or train to Donostia-San Sebastián. You can see some buses for these lines in [www.alsa.es](http://www.alsa.es) and trains in [www.renfe.es](http://www.renfe.es) but there are several more options.

The closest biggest city from Zarautz is Donostia-San Sebastian. So, if you arrive there (doesn't matter train or bus because it is the same station) you can take the bus to Zarautz.

There are buses from Donostia-San Sebastián to Zarautz every 15 minutes and the trip takes 30 minutes.

Origin: Donostia-San Sebastian. Destination: Zarautz. Single ticket: 2.75€

Check here the timetables: <http://www.lurraldebus.eus/>

Or by train, Euskotren:

There are trains every 30 mins and the trip takes 30 mins.

Origin: Amara- Donostia. Destination: Zarautz. Single ticket: 2.75€

Check here the timetables: <https://www.euskotren.eus/en>

**- Mind that you cannot arrive after the project starting date and departure earlier than project departure date!**

**- Please email the travel form to  
[kaebnaierasmusplus@gmail.com](mailto:kaebnaierasmusplus@gmail.com)**

**- Do not buy tickets before we confirm your arrangements!**

## TRAVEL EXPENSES

Provide the departure city of your organization so can be calculated the amount. We will try to balance the grant received BY COUNTRY, with all the real costs of the travel expenses of all the participants of THE COUNTRY, in order to make each participant pay a fair amount of co-financing.

Partner	Country	Number of pax	Travel costs per person
ProAtlântico - Associação Juvenil	Portugal	3	275€
Asociatia Tinerilor cu Initiativa Civica - A.T.I.C.	Romania	3	360€
Baltic Regional fund	Latvia	3	360€
Nyitottsag a Vilagra Alapitvany (Openness to the World Foundation)	Hungary	3	275€
UNITED SOCIETIES OF BALKANS ASTIKI ETAIREIA	Greece	3	360€
Associazione TDM 2000	Italy	3	275€
Continuous Action	Estonia	3	360€
Association "Focus - European center for development"	Bulgaria	3	360€
Udruga gluhih i nagluhih Nova Gradiska	Croatia	3	275€
JuBuK	Germany	3	275€

## REIMBURSEMENTS

The reimbursement of the travel expenses is subject to submission of travel forms and original travel documents and the fulfillment of all the participation requirements. The maximum reimbursable amounts for each have been calculated according to the Distance Calculator of the European Commission.

The documents you will need to provide us with include:

- Original boarding passes
- Invoices
- ALL return tickets (sent by postal mail upon return to your country)

No photos or electronic versions of travel documents will be accepted.

### **The participation conditions you are expected to fulfill are:**

Attendance:

- Mind that you cannot arrive after the project programme starting time and departure earlier than project departure time.
- Your travel expenses will be reimbursed only in case you participate in all activities of the programme.

Travel arrangements:

- Make sure you have the hosting organisation's approval for your travel proposal before buying the tickets.

Formal requirements:

- Fill in the travel form properly and contact organizers if there are any concerns.
- Complete the evaluation form in the Mobility Tool upon return to your country.

The reimbursement will be carried out in two stages and by bank transfer:

1. The last days of the activity: the 80% of the expenses incurred into until that moment will be reimbursed upon proper filling of the travel form and submission of the required travel documents.
2. Upon return to your country: the remaining 20% and plus travel expenses of the back way will be reimbursed after receiving the return documents by postal mail and the online filling of the evaluation form in the Mobility Tool.

Please mind that **all reimbursements are paid out to your sending organisation by bank transfer.** In case of a personal account, it will be done to one participant's bank account of the country group, under their responsibility and commitment.

## WOULD YOU LIKE TO PARTICIPATE?

Please complete the form on the following link:

<https://forms.gle/Za7VmkCQtgcKq2218>

### QUESTIONS & CONTACT:

kaebnaierasmusplus@gmail.com



**ESKERRIK ASKO! MUCHAS GRACIAS!**  
**THANK YOU!**

