



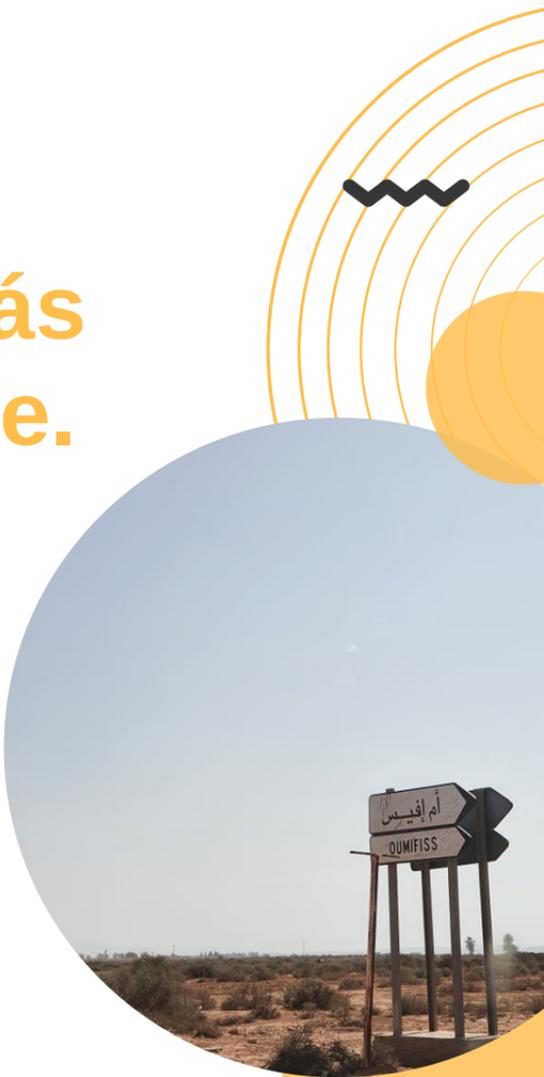
**YOUTH  
EXCHANGE**

# Por Un Futuro más Sostenible.

**Toledo, Spain  
&  
Oumiffis, Morocco**

**A PROJECT ABOUT  
ENVIRONMENT AND  
SUSTAINABLE  
LIVING.**

This youth exchange project is written during COVID-19 pandemic in Spain by youth to youth. The project was submitted for funding to Spanish National Agency.



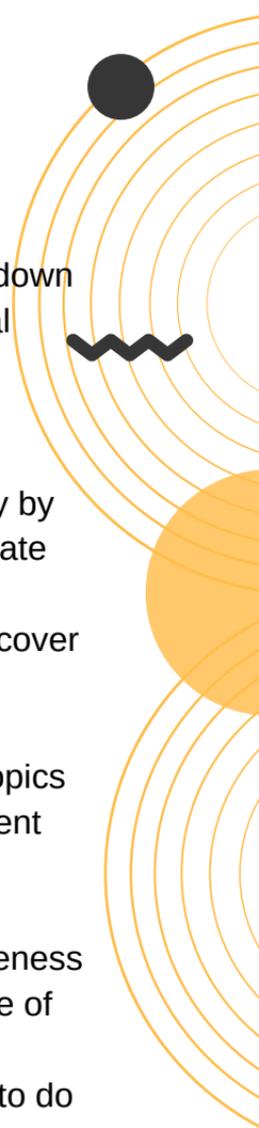
# PROJECT IDEA

The project was written during COVID-19 lockdown in Illescas (near Toledo), Spain by international volunteers hosted by Ecompartimos.

Ecompartimos is a non-governmental organization orientated to serve the community by providing variety of activities to educate, integrate and introduce people with a huge specter of opportunities to work, travel, volunteer and discover the world.

The project is highlighting the environmental topics and brings youth together to analyse the different practices every country has. The participating countries are: Spain, Romania, Morocco and Estonia. The exchange aims to raise the awareness and provide different solutions how to take care of our planet. All the activities are lead by the participants and the core idea of the project is to do the project from youth to youth.

This project has been funded with support from the European Commission Erasmus+ programme. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



# ACTIVITIES & DAILY AGENDA

Youth exchange is carried out in 2 locations - Spain and Morocco. It brings the youth a valuable insight to realise what sources we have either in Spain or in Morocco.

## **An overview of planned activities:**

**08.04.2022:** arrival to Toledo, Spain

**09.04.2022:** 1st activity day, welcome & Greet day, lead by Spain. Get together and grow into one team (you get to know who is who and why they participate in the project). Discussions of the aims, values of the project. Treasure hunt and exploring Toledo.

**10.04.2022:** 2nd activity day, lead by Estonia. Workshop "How food is impacting our environment?". Discussions and shooting miniseries of the situation. Planning a healthy lunch/dinner menu based on the discussed topic.

**11.04.2022:** 3rd activity day, lead by Romania and Morocco. Activities related with environment using theatre method.



**12.04.2022:** 4th activity day, lead by Spain. Groups do visibility activities in Toledo city. Afternoon is free. Intercultural night in the evening.

**13.04.2022:** 5th activity day - travelling to Oumiffis, Morocco (flight to Agadir, shuttle bus to Oumiffis).

**14.04.2022:** 6th activity day, lead by Morocco. Introduction to Aicha Association's activities and youth present other NGO-s involved in the project. Seeing the local culture, trip to local mountain (5-8km).

**15.04.2022:** 7th activity day, lead by Morocco. Water situation in Morocco. Helping to repair the watering systems for nature / trimming trees / argan oil workshop.

Getting to know local traditions: Moroccan music.

**16.04.2022:** 8th activity day, lead by Morocco. Reflection to previous activities, discussions of the workshops, follow-up to Estonian day activities. Seeing what are the produce differences in cooking in Morocco. Presentations of the impact of the project, environment.

**17.04.2022:** 9th activity day, lead by Morocco. Meeting the culture. Swimming and going to the beach if weather is nice. Seeing the city, having free time.

**18.04.2022:** Travelling day. Departure to home.

# LIVING CONDITIONS

in Toledo, Spain participants stay at [San Servando Hostel](#) (click on the name to see more info).

In Oumiffis, Morocco participants are accommodated in Aicha Association rooms. Boys and girls are accommodated separately. Living places has either small rooms (with 2 beds) or large rooms where participants sleep on the mattresses.



# PARTICIPANTS PROFILE

All participants are at the age of 13-17.

There are in total 37 participants:

8+1 from Romania;  
8+1 from Estonia;  
8+1 from Morocco;  
8+2 from Spain.

# BEFORE TRAVEL..

Pack light, but take all you need for the travel. Make sure to pack some warmer clothes in addition to summer clothes.

## Take:

- sanitarities (toothbrush, toothpaste, etc);
- towels;
- swimwear;
- suitable clothes for hiking (boots, long pants);
- summer hat;
- sunscreen :)
- passport and other travel documents;
- good mood;
- everything else you think is necessary for a good time in Spain and Morocco.

# LAST, BUT NOT LEAST..

Be open to seeing new cultures and know that Morocco celebrates Ramadan during the time of the youth exchange.